

Resources for Veterans

- **Military OneSource:** Offers non-medical counseling for grief and loss issues. Contact them at 800-342-9647 or visit their website for more information
- **Department of Veterans Affairs (VA):** Provides bereavement counseling at community-based Vet Centers. You can find your local Vet Center [here](#).
- **TRICARE:** May provide medically necessary coverage of mental health services during times of grief. Contact TRICARE for more details.
- **VA Survivors Pension:** Offers financial support to surviving spouses, children, and parents of service members or veterans who died.
- **VA Chaplaincy Services:** Provides spiritual support and counseling for veterans and their families. More information is available [here](#).